

**THE MANOR GATEHOUSE CLUB**  
**Rambling Group Programme April 2013 to September 2013**  
**Secretary: Pete Knight 0151 336 492**

W = car park in Wales, by Hawarden Castle. E = car park in England at the Toby Carvery, Mickle Trafford. The map reference is for the start of the walk. Please phone the leader if there is any doubt about the walk. Members making their own way to the start should advise the leader. A fuel contribution is payable by passengers to drivers.

Date	Day	Meet	Time	Start	Gd	Walk	Leader
Apr 2	Tues	W	8.30	17/587491	B+	Moel Hebog fm Beddgelert (£), 5½ m, 2500 ft	Bob Worboys
Apr 9	Tues	W	8.30	SH 241832	B	S. Stack and Abraham's Bosom fm Holyhead, 10 m, 1500 ft	John Smith
Apr 17	Wed	W	8.30	17/571527	A	Snowdon fm Rhyd Ddu	Roger K/ Mike Curtis Tim Nicholson
		W	9.30	17/750770	C	Sychnant pass to Llanfairfechan, linear, 7 m, 700 (up) 900 (down)	
Apr 22	Mon	n/a	-	-	A	Lake District, Langdale Apr 22 – 24	John Braithwaite
Apr 25	Thur	W	8.30	265/147657	B	Penycloddiau & Moel Arthur, 7½ m, 1450 ft	Margaret Boulton
Apr 29	Mon	E	8.30	256/245428	B	Garth Trevor / Frozen Clock, 10 m, 1000 ft	Dave Cross
May 7	Tues	W	8.30	17/571526	A	Nantlle ridge fm Tan y Llyn, linear, 7½ m, 2800 ft	Bob Worboys
		E	9.30	109/729870	C	Dunham Massey – Heatley, 7½ m, flat	Hazel Lyon
May 15	Wed	W	8.30	SJ 198625	B	Ridges of Clwydian range fm Loggerheards, 10 m, 1800 ft	Barbara and Les
May 23	Thur	W	8.30		B	Llanfairtalhaiarn cp - Abergele, 9 m, 900 ft	Beth & Glenys
May 28	Tues	E	8.30	255/075295	A	Post Gwyn & Glan Afon fm Pistyll Rhacadr, 8 m, 2300 ft	John Dornie
		E	9.30	117/599747	C	Aston Bridge / Cuddington, 5½ m, flat	Shirley Cross
June 4	Tues	W	8.30	SH 741730	B	Rhoscolyn, Anglesy, 10 m, 750 ft	John Smith
June 12	Wed	E	8.30	21/937393	B	Bronte moors fm Wycoller, 8 m, 800 ft	Pete Knight
June 20	Thur	W	8.00	7/456041	A	Kentmere round, Lake District, 12 m, 3750 ft	Mike Curtis Shirley and Dave Cross
			9.30		C		
June 24	Mon	E	8.30	265/214420	B	Y Foel fm Llangollen (£), 8 m, 1500 ft	Margaret Smyth
July 2	Tues	W	8.30	17/572525	B	Rhyd Ddu to Beddgelert (£) linear, train return (£5.04), 8 m, 1200 ft	Tony Hinkins
July 6	Sat	n/a			A/C	Picos, Spain, July 6 – 13	Geoff Beard
July 10	Wed	W	8.30	17/579603	C	Woodland and quarry workings fm Llanberis (£), 4 m, 900 ft	Pete Knight
July 17	Wed	E	8.30	SJ 530732	B	N Cheshire Way, Part 3 – the Weaver Valley, 13 m flat fm the Traveller's Rest, Frodsham to Great Budworth	Ken Thomas
<b>July 22</b>	<b>Mon</b>	E	8.30	SD 621161.	B	Anglezarke Moor and White Coppice, 10 miles, 700 ft	Sue and Dave Turner
July 29	Mon	W	8.30	17/628506	A	Snowdon via the Watkin path fm Nantgwynant (£), 8 m, 3400 ft	Alan Jupp
		W	9.30	117/374417	C	Dee banks from Overton, 6 m, 500 ft	Hazel Lyon
Aug 6	Tues	E	8.30	24/157563	B	Alsop Moor, Parwich, 10 m, 1000 ft	Dave Cross
Aug 14	Wed	E	8.30	1 / 109914	B	Kinder N. Edge fm the Snake Pass, 8 m, 1400 ft	Pete Knight
Aug 22	Thur	W	8.30	SH 707356	A	Fm Trawsfynedd, 11 m	Geoff Beard
		W	9.30	256/193481	C	Ponderosa to Llantsilio, linear, 7 m downhill mostly	Hazel Lyon
Aug 27	Tues	W	8.30	SH 719764	B	Llanfairfechan & the Roman Road, 9 m, 1500 ft	Dave Green
Sept 4	Wed	W	8.00	18/075819	B	Tal-y-Bont to Barmouth (cp £) linear (train £), 8 m, 1600 ft	Tim Nicholson
Sept 11	Wed	E	8.00	17/668606	A	Carnedd traverse from Glan Dena. Pen-yr-Ole Wen, C.Dafydd, C. Llewelyn & Pen yr Helgi Du, 10 m, 3300 ft	Mike Curtis
		W	8.30	265/139668	B	Moel Arthur & Penycloddiau, 7 m, ca 1400 ft	Dave Lacey
Sept 19	Thur	W	9.30	265/187598	B	Foel Fenlli from Llanferres, 8½ m, 1860 ft	Will and Gwyneth
Sept 23	Mon	E	8.30	24/129604	B	fm Hartington, 9 m, 750 ft	Bob Worboys
Oct 1	Tues	W	8.30	SH 664719	A	Aber falls, Foel Fras & Drum fm Abergwyngregyn (£), 9 m, 3600 ft	Dave Green
		W	9.30	265/075819	C	N Clwyds fm Gwaenysgor cp, 6 m	Dave Lacey
Oct 9	Wed	E	8.30	SJ 962712	B	Macclesfield Forest, 7 m	Geoff Beard

The club cannot accept liability for injury to or loss or damage to clothing or belongings of any member or visitor during a meeting of the Club or Group thereof.

**Suggested fuel contribution:**

15 – 25 m £3  
25 – 40 m £5  
40 – 60 m £8  
60 – 80 m £10  
80 – 100m £13

**Walk grading**

A 15 to 20+ points  
B 10 to 15 points  
C 5 to 10 points

**Points scoring**

1 point per mile  
1 point per 500 feet of ascent  
0 to 5 points for terrain