

THE MANOR GATEHOUSE CLUB

Rambling Section Programme May 2016 to Oct 2016

Secretary: Margaret Smyth 0151 327 7280 or 07968245217 margiesmyth@hotmail.co.uk

Meeting points:- Wales (W): England (E)

Start Ref:- Refers to the start of the walk. Please phone the walk Leader if you are making your own way to the start point OR if you have a query about the walk.

Discretionary fuel contribution to the driver (see below) from the meet point to the start, are suggestions only and not mandatory.

Please note: Walkers come out with the group at their own risk. The club does not accept liability for injury to ones' Person, or damage/loss to clothing or belongings.

Date	Day	Meet	Time	Start Ref	Grade	Description	Leader
03-May	Tues	W	08.30	SH272751	B&C	Walk from Rhoscolyn, Anglesey, 7mils, 400ft	John Smith
09-May	Mon	NGdns	10.30	Ness Gardens	C	From Ness Gardens west to Parkgate, 5.5mils, flat	Hazel Lyons
10-May	Tues				ABC	HF Crete Walking Holiday	
16-May	Mon	E	09.30		C	Sandstone Trail adventure, 6-7mils, undulating	Alan Maddocks
18-May	Wed	W	08.30	SH737523	A	Moel Siabod from Dolwyddelan, 11mils, 3000ft	Allan Trimble
24-May	Tues	W	08.30	928702	B	Rhododendron Walk & Garthewin House (£2) 9mils, 1850ft	Glenys Gunderson
31-May	Tues	W	08.30	17/663720	A-	Moel Wnion, 10mils, 1900ft	John Lyth
08-Jun	Wed				C	Trip to Powys Castle & Gardens (coach trip)	David / Shirley Cross
09-Jun	Thur	W	08.30	SJ200628	B	Llanferes, Moel Fenili, Moel Famau frm L.head, 9mils, 2395ft	Carol Walker
14-Jun	Tues	W	08.30	256/524195	B	Watkins Tower, Llandegla, 10mils, 1600ft	Jim & Sally Pratt
20-Jun	Mon	W	08.30	17/732665	A	Carnedd Llewelyn from Eigiau, 9mils,2300ft	Tony Hinkins
22-Jun	Wed	E	09.30	267/558784	C	River Weaver and Trent Mersey Canal, 7mils, flat	Shirley Cross
30-Jun	Thur	W	08.30	SJ289501	B-	Minera Mountain from Melin y Nant, 5.5mils, 1200ft	Peter Knight
04-Jul	Mon	W	09.30	265/214684	C	Rhosesmor, 7mils	Will & Gwyneth H
05-Jul	Tues	W	08.30	17/688603	A	Southern Carneddau, 8mils, 2400ft	John Dornie
13-Jul	Wed	W	08.30	17/612494	B	Aberglaslyn, 8mils, 1500ft	David Turner
21-Jul	Thur	W	08.30	SH697513	A	Lledr Horseshoe, 10.5mils, 2890ft	John Braithwaite
25-Jul	Mon	W	09.30	265/1744653	C	Moel Famau from Cilcain, 6mils, 1000ft	Hazel Lyons
26-Jul	Tues	E	08.30	SJ522564	B-	cancelled	Margaret Smyth
03-Aug	Wed	E	08.30	255/156327	B	Upper Cerrig way from Llanarmon DC, 8mils, 1000ft	Keith Moore
11-Aug	Thur	W	08.30	17/651603	A	YGarn via Devils Kitchen, 6mils, 2300ft	Alan Jupp
16-Aug	Tues	E	08.30	SD621161	B	Anglezarke and Great Hill, 10mils, 700ft	Sue Turner
22-Aug	Mon	E	08.00	410131	A	The Hayswater Horizon in Lakes, 11.5mils, 3000+ft	Roger Kimpton
24-Aug	Wed	W	09.30	265/166653	C	Heather Walk from Cilcain, 6mils, 800ft, undulating	Margaret Boulton
01-Sep	Thur	E	08.30		B	Weaver Valley, 10mils, (details to follow)	Ken Thomas
06-Sep	Tues	W	08.30	SH649603	A	Y Garn & Carnedd y Filiast, 8.5mils, 3300ft	David Green
12-Sep	Mon	W	09.30	SJ291377	C	Chirk and River Ceirog, 6mils, 1200ft	Geoff Beard
14-Sep	Wed	W	08.30	17/628507	A	Y Lliwedd from Nantgwynant 8mils, 3200ft easy scramble (£4)	Peter Knight
21-Sep	Wed	W	08.30	SH746703	A	Drum from Llanbedr y Cennin, 7.5mils, 2100ft	David Green
27-Sep	Tues	W	09.30	SJ090798	C	Trelawnyd and Llanasa 5.5mils, undulating	Annie Hancox
03-Oct	Mon	E	08.30	240/294300	B	The Oswald Trail, 9mils, 800ft	David Cross
11-Oct	Tues	E	08.30	SJ522564	B-	Beeston Castle and Peckforton 8.1mils, 656 ft	Margaret Smyth
12-Oct	Wed	W	08.30	737571	A	Moel Siabod 6.5mils, 2461ft	Les McKitrick
20-Oct	Thur	W	08.30	SH782774	B	Conwy Mountain & Capelulu frm Conwy,8.5mils,2200ft.(£)	Joe Rae
24-Oct	Mon	E	09.30	Toby Inn	C	Visit to interior of Plemstall Church from Toby Inn 7mils, flatish	Margaret Smyth
26-Oct	Wed	W	08.30	SH664719	A	Aberfalls, Foel-fras & Drum frm Abergwyngregy, 9mils, 3580'	Geoff Beard

Suggested Fuel Contribution:

15 - 25 mls	£3
26 - 40 mls	£5
41 - 60 mls	£8
61 - 80 mls	£10
81 - 100mls	£13

Walk Grading by points score:

1 point per mile; 1 point per 500ft ascent; 0 - 5+ for terrain/conditions

A	15 - 20 points
B	10 - 15 points
C	5 - 10 points