

THE MANOR GATEHOUSE CLUB

Rambling Group Programme May 2015 to Oct 2015

Secretary: Margaret Smyth 0151 327 7280 – margiesmyth@hotmail.co.uk

W = car park in Wales. E = car park in England. The map reference is for the start of the walk. Phone the leader if there is any doubt about the walk. Members making their own way to the start should advise the leader. A fuel contribution is payable by passengers to drivers.

Date	Day	Meet	Time	Start	Gd	Walk	Leader
05 May	Tues	W	08.30	17/649604	A	Y Garn and Glydders from Ogwen, 8mils, 3050ft	Mike Curtis
05 May	Tues	E	09.30	267/542717	C	Delamere Forest, 7mils, flat	David Cross
09 May	Sat				A-C	Norcia Walking Holiday	
13 May	Wed		10.30	G V Hall	B-	Burton Bluebell Walk, 5.5mils, Flat	Hazel Lyons
18 May	Mon	W	09.30	265/075811	C	Gwaenysgor and Gop Hill, 5.5mils, undulating	Dave & Sue Turner
19 May	Tues	W	08.30	571526	A	Nantlle Ridge, 7.5mils, 3100ft	Bob Worboys
28 May	Thur	W	08.30	SH750770	B	Foel Lus & Mynydd-y-Dref frm Sychnant Pass, 9mils, 2400ft	Joe Rae
01 June	Mon	W	08.30	17/628507	A	Y Lliwedd via Cwm Merch from Nantgwynant, 8mils, 3200ft	Peter Knight
03 June	Wed	W	09.30	265/685214	C	Halkyn Mountain Common frm Rhosesmor, 6.5mils, undulate	Ros & Roger
09 June	Tues	W	08.30	928702	B	Llanfair TH Rhododendron Walk, 9mils, 1850ft	Glenys Gunderson
17 June	Wed	W	08.30	606760	B	Boat frm Beaumaris > Puffin Isle walk back to Beaumaris, 10mils, 1000ft (£?)	John Smith
18 June	Thur	non	10.30		C	South Liverpool Parks and Promenade, 6mils, flat	Liz and Alan
25 June	Thur	W	08.30	256/198434	B	Trefor Rocks frm Llantillio Green 9mils, 1500ft park-Iron Bridge Hotel	Alan Jupp
30 June	Tues	W	09.30	256/279567	C	Waun-Y-Llyn from Llanfynydd, 6.5 mls	Will & Gwyneth
01 July	Wed	E	08.00	365063	A	Fairfield Round frm Rydall Hall, 10mils, 3300ft	Roger Kimpton
07 July	Tues	W	08.30	17/660558	B+	Galt Y Wenlit from Pen Y Gwryd, 7mils, 1900ft	Peter Knight
13 July	Mon	E	09.30	255/210425	C	Vale of Llangollen, 6mils, 1000ft (£)	Shirley Cross
16 July	Thur	W	08.30	17/649604	A	Y Garn and Glydders from Ogwen, 8mils, 3050ft	Mike Curtis
20 July	Mon	W	08.30	265/139668	B	Moel Arthur and Penycloddiau, 9mils, 1500ft	Margie Smyth
28 July	Tues	E	08.30	OL24/171707	A-	Monsall & Cressbrook Dales, 11mils, 1200ft, (£)	David Cross
29 July	Wed	W	09.30	LR 190/605	C	Llanferris round, 7-8 mls, 750ft	Beth Crossley
05 Aug	Wed	W	08.30	GR571526	B	Trum Y Ddysgl from Rhyd Ddu, 5.6mils, 2300ft	Geoff Beard
06 Aug	Thur	Caldy CP	10.00	108/222851	C	Hilbre Walk, 6 mls, lunch taken on the island	Margaret Boulton
13 Aug	Thur	W	08.30	17/580600	B	Moel Eilio Round, 8mils, 2360ft	Elwyn Jones
17 Aug	Mon	W	08.30	SH589480	A	Moel Hebog, Moel Yr Ogof & Moel Lefn from Beddgelert, linear - train to Rhyd-Ddu, (£), 8mils, 3450ft	Keith Johns
18 Aug	Tues	CH48 1NP	10.30	SJ24671	C	Thurstaston from Royden Park, 6mils, flat	Sue Buckley
25 Aug	Tues	W	08.30	265/187598	B	Llanferris to Bryn Alyn, 8mils, 1000ft	Keith Moore
02 Sept	Wed	W	09.30	255/210425	C	Vale of Llangollen, 6mils, 1000ft (£)	Shirley & David Cross
07 Sept	Mon	W	08.30	431643	C	Walk to Aber Menai Point, 9mils, 200ft	John Smith
09 Sept	Wed	W	08.30	17/755618	A	Craigian Gleison & Crimpiau frm Lyn Crafnant, 8ml, 2300ft	Alan Jupp
17 Sept	Thur	E	08.30	150 830	B	Mam Tor from Castleton, 8mils, 1800ft	Roger Kimpton
23 Sept	Wed	E	09.30	778815	C	Mobberly and Styal, 8 mls, 500ft	Bob Worboys
24 Sept	Thur	W	08.30	GR632 447	A	Cnicht and Moelwyn Mawr from Croesor, 7.8mils, 2500ft	Geoff Beard
29 Sept	Tues	E	08:30	OL24 994615	B	Roaches from Tittersworth Reservoir, 9mils, 1800ft	John Lyth
05 Oct	Mon	E	08.30	256/271423	B	Dee Valley/PontCysyllite, 9mils, 1100ft	Ken Thomas
08 Oct	Thur	E	09.30	MR518768	C	Frodsham Beacon to Helsby Hill, 7mils, 400ft	Hazel Lyons
12 Oct	Mon	E	08.30	217/393964	B	Adstone Hill/Pole Bank, 9mils, 1600ft	John Dernie
20 Oct	Tues	E	09.30	117553628	C	Tarporley, 7.5mils, flat to undulating	Alan Maddocks
21 Oct	Wed	W	08.30	18/845396	A	Arenig Fawr and Amnodd - Bwl, 9mils, 1800ft	Tony Hinkins
26 Oct	Mon	W	08.30	SH721 582	A	Pen Lithrig y Wrach & Pen yr Hellgi Du, 9mils, 2800ft	John Braithwaite

The club cannot accept liability for injury to ones' person or loss or damage to clothing or belongings of any member or visitor during a meeting of the Club or Group thereof.

Suggested fuel contribution:

15 – 25 m £3

26 – 40 m £5

41 – 60 m £8

61 – 80 m £10

81 – 100m £13

Walk grading

A 15 to 20+ points

B 10 to 15 points

C 5 to 10 points

Points scoring

1 point per mile

1 point per 500 feet of ascent

0 to 5 (or more!) points for terrain/conditions